

## PE OFFERINGS AT RANCHO MIRAGE HIGH SCHOOL

- **PE Core 9 -** In this class, student will participate in a variety of activities including basketball, soccer, volleyball, football, pickleball, tennis, ultimate frisbee, badminton, etc.
- → Dance I This class is designed for beginning dancers who want to learn fundamental dance skills. Dance I students participate in two performance a year - typically one in December and one in May. Performances are held in the evenings (Thursday and Friday nights).

## **ADVANCED PE CLASSES FOR FRESHMEN**

## Do you have previous dance experience and want to skip up to a higher level dance class?

→ Dance III/IV - If you already took Dance II, you can sign up for Dance III/IV. If you did not take Dance II, you need to audition to be placed in that class. <u>Click here to access the application</u>. Dance III/IV can also count as performing art credits. Dance III/IV students participate in three or more performances a year - typically in October, December, and May. Performances are held in the evenings.

## Planning on playing a sport next year?

→ Sign up for PE Sports/Advanced. We currently have classes specifically for basketball, football, golf, baseball, softball, and volleyball. Coaches will be in contact with you later this spring to determine which PE Sports/Advanced you belong in.